

ANNUAL REPORT



2023-2024

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PRESIDENT'S REPORT

As our 2023-2024 fiscal year ends I am pleased to report another successful year for CMWI. We have not only been able to continue with our regular programming, but have been able to add new programs, focus on organizational development and enhance our wellness activities for staff.



We received two grants from The Winnipeg Foundation that enabled us to introduce a Healthy Relationship program and a Health and Wellness program for both women and men. A grant from the Province of Manitoba allowed us to employ a Settlement Worker and carry out case management services for refugee claimants, international students, citizens and others who are not covered under Immigration Refugee Citizenship Canada (IRCC).

Another Provincial grant from Arts, Culture and Sports was instrumental for the swimming program that taught newcomer women and their daughters, life saving water safety skills. You will hear more details about these programs from the staff reports.

We were able to update some of our staff evaluation procedures as well as develop some additional Human Resources (HR) policies as part of our organizational development by hiring an HR Consultant. This was possible through a grant from Women and Gender Equality (WAGE).

Over the past year there were Wellness initiatives for the staff on a monthly basis. Our Wellness coordinator provided sessions on Relaxation Techniques, Positive Functioning at the Workplace, Managing Relationships, Mindfulness and self-care. For team building there was an Eid dinner, New Years' party, art activities and an outing to the Forks.

We at CMWI are pleased to see that clients from all over the city are accessing our services. This year we served 2,502 unique individuals who accessed our services 20,653 times. Every year the number of clients we serve increases. This is a testament that the services and programs offered are relevant to the needs of our clients as we continue to implement their feedback. Clients come from 29 countries and speak 16 different languages. The Centre is recognized more and more by community members as a place where the whole family is welcome to access services and participate in programs.

While we celebrate our successes we have to acknowledge some of our challenges. We have outgrown our space and so scheduling many programs is difficult. To accommodate for this we have to do some of the sessions in the evenings. The staff also has to adapt to the limited office space as we make new hires. It can be quite challenging having many clients in the room being attended to and for staff to be focused on their tasks.

The upside to this is that CMWI is still continuing to offer quality service as demands are ever increasing while we plan on how to acquire additional space.



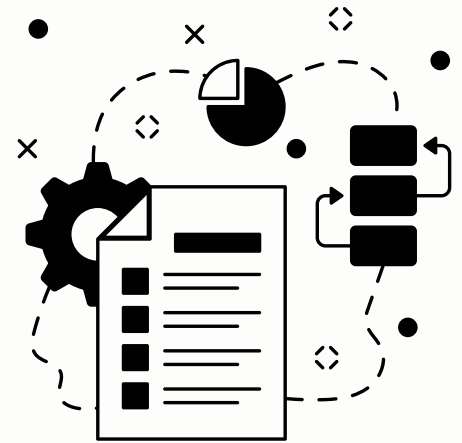
I must say thank you to the staff for their commitment and compassionate service to our clients. Thank you to the Board of Directors for your contribution and dedication to the organization and a big thank you to our community partners and funders without whose support we would not be able to fulfill our mission.

2023-2024 BOARD OF DIRECTORS

Yasmin Ali - President
Merdia Imame - Vice President
Zulaika Rahim- Treasurer
Menal Al Fekih- Board Secretary
Erum Tanvir- Public Relations & Social Media
Alia Harb - Fundraising chair
Najma Siddiqui- Member-at-Large
Siti Abdulle - Member-at-Large
Fatumah Mbabaali - Member-at-large

STRATEGIC PRIORITIES

2020-2023



01

FUNDING

Generating revenue and securing working capital: look for fundraising avenues and additional sources of funding.

OUR VISION

We work towards empowering women to become healthy and contributing members of Canadian Society. This is done by understanding and focusing on the unique needs of the women, be it newcomer women or long-time residents.

02

IMPACT/ SCOPE

Increase relevance and impact of programs and the organization to the community.

03

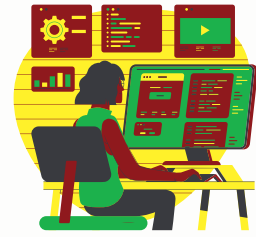
MARKETING

Communication and Marketing Promotion: to be well known in the community.

OUR MISSION

To empower women, families and communities and build a successful, stronger and more harmoniously diverse society.

PROGRAM HIGHLIGHTS



Throughout the year, CMWI delivered programs and support services to 2502 unique clients newcomer families and long-time residents. We provided individualized in-person services and group programs. United Way supports our core operations. This year our services were mostly in-person. Our Community Support Programs continued to support families to secure their basic needs and overall family well-being. The Employment Programs helped the newcomer women to gain specific skills required to work in the commercial cooking, the industrial sewing and the childcare careers. The following is the year at a glance:

THE YEAR AT A GLANCE

Total Number of participant contacts
20,653

Number of Unique Clients
2502



EMPLOYMENT TRAINING PROGRAMS



For over five years, CMWI continues to deliver high quality employment training programs to newcomer women experiencing employability barriers. The three employment training programs - commercial cooking, industrial sewing, and childcare skills training- equip women with the hands-on skills required to work in these three fields. In addition, specialized English classes related to their employment field of interest, work readiness sessions, employment counselling and employers' referrals are provided.

The programs try to eliminate some of the financial barriers facing newcomer women by covering the costs for the following: first aid training for the childcare and culinary participants, food handlers training for the culinary participants, transportation costs for all programs, and the child abuse and criminal record checks for the childcare skills participants.

82% was the
employment rate in
our programs

4500 visits to
CMWI of
participants
attending classes

3000 hours were
spent with our
participants



**The Culinary Training -
Participants training in the CMWI
commercial kitchen**



Participants' employment rate for the funding year 2023-2024 was 82%, exceeding the targets set by our funders.

96 participants completed the training programs. Out of those, 79 obtained employment (all who were actively looking for a job).

As a result, the Manitoba Government renewed its funding for the sewing employment training program for another year 2024-2025 and IRCC renewed its funding for all employment training programs for another year 2024-2025.

800 sessions were delivered to participants in:

- Industrial sewing
- Commercial cooking
- Childcare skills
- English for employment
- Employment readiness
- First aid
- Food handlers



**The Childcare Skill Training -
Participants during creative play
practice**

OUR IMPACT

IN THE PAST YEAR

"I am infinitely grateful for the cooking program offered at CMWI. The knowledge, skills, and experience I have acquired have given me the confidence to achieve my goal of working in the food industry. The support and patience have helped me and my family feel reassured that we will be okay here in Canada. I entered this program assuming I would just be a kitchen helper, but with this training, I was able to work at a specialty bakery. I worked hard and was able to move up from a bakery assistant to a supervisor position. I don't think I would have been able to get here if it wasn't for this training. I will always be thankful for this program"

A testimonial by an employment training participant

"We Came to Canada running away from the war in Ukraine looking for a safe haven for our 4 children. On arrival we faced some challenges in terms of communication, not having any social connection, not knowing Canadian culture. Not speaking English makes it very difficult to find a job.

I chose Industrial Sewing Machine operator as I needed to improve my sewing skills and learn some English. I got all of the support I needed during the Training Program at CMWI. Right now I am very happy. I feel confident. I made new friends and learned a lot about Canadian work culture. I feel that Canada has become my new home and I don't feel like a stranger anymore. Presently I am working full time as a sewing machine operator at The Cutting Edge Enterprise of CMWI."

A testimonial by an employment training participant



**The Industrial Sewing Training -
Participants practicing on Single Needle
Automatic Machines**

FOOD AND DONATIONS



Since 2006, the Food and Donation Centre has operated through grants, partnerships, individual donors and the support of volunteers. Clients access food based on their needs. Some clients walk in or request assistance when they experience food shortages and are provided with emergency food or kits. Our Halal Food Pantry program specifically serves clients with dietary restrictions.

We partner with Manitoba Harvest to assist our clients, as well as anyone registered through their food bank.

Our donation center is staffed by just one employee, and we rely heavily on volunteers. This year, volunteers contributed a total of 1,332 hours, helping with sorting, distributing, and transporting food, household items and clothing. Due to the rising costs of groceries and other basic necessities, our center has depended on the generous support of funders and donors to meet the increasing demand. This year, we had a significant number of refugee claimants and we did our best to provide them with clothing, emergency food and support through our Halal Pantry.



**1332 hours
of volunteer
service**

**1099 Unique
Clients were
served**

**757 Halal
Pantries
distributed**

**Our
donations
are open 5
days a week**

**749 clients
served
with
surplus**

**1811 clients
for the
clothes**

**2701 clients
served in
Food Bank**

**295
Emergency
Food Kits
Distributed**

**Client
accessed
2134 times
for other
items**

Soumay is a refugee claimant who initially stayed at the Salvation Army Shelter with her husband for two months. During this time, she regularly visited our office, seeking assistance with halal food and information related to her case.

When they moved out of the shelter, they faced significant challenges: they had no belongings, struggled with a new language and culture, and had no income while navigating the system. Our center provided them with household items, food, and connected them with donors for furniture.

Soumay said

“At CMWI, we feel at home. We can find the items we need and access services and programs that help us integrate well.”



OUR IMPACT



Volunteers helping on our Food Bank Day



FINANCIAL EMPOWERMENT

We partner with **SEED Winnipeg and Community Financial Counseling** to deliver our programs and services. Apart from the numbers served the impact was tremendous this year too.

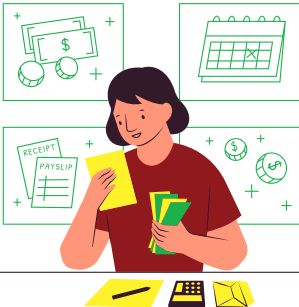
SERVICES	ACTIVITY
BENEFITS NAVIGATION:	<ul style="list-style-type: none">Child tax, GST, climate action incentive, disability tax, rent assist, dental benefit, housing benefit, caregiver benefit, EIA and EI were accessed by 178 clients.
MONEY MANAGEMENT TRAINING:	<ul style="list-style-type: none">We delivered a series of MMT training in our clients first languages. During the year we delivered in Arabic, Tigrigna, Somali, Dari and English. The team assisted clients to enroll in match saving programs, saving circle and Individual Development programs for 86 participants.
ACCESS TO IDENTIFICATION AND CITIZENSHIP:	<ul style="list-style-type: none">We assisted 143 clients to apply for IDs such as permanent resident cards, Birth certificates, Manitoba IDs, travel documents and passports.
TAX FILING:	<ul style="list-style-type: none">We expanded our service by adding tax clinics and all year around tax services. We partnered with Community Financial Services to run tax clinics in three mosques and at CMWI to provide more access and avoid waiting list. We assisted 650 clients during the fiscal year and 845 clients during the tax season.
FINANCIAL COUNSELING & WORKSHOP	<ul style="list-style-type: none">The need for citizenship support increased as the language and digital literacy becomes an issue. The team helped 121 clients to prepare for the citizenship test, and completing the citizenship applications.

1178 unique clients were served

650 taxes filed

Clients received a total of \$3,438,746.74 from tax returns and benefits.

207 participants attended workshops.





Money Management Training Graduation



OUR IMPACT



Debt-Free Journey

Ruth had accumulated a significant credit card debt due to impulsive spending and a lack of understanding about interest rates and fees. She often made only minimum payments leading to escalating debt.

The money management training taught her about the importance of paying more than the minimum amount, understanding interest rates and creating a debt repayment plan.

She also learned how to track her spending and create a budget to avoid future debt.

Within a year, she paid off her credit card debt completely. She now uses her credit card responsibly, paying off the balance in full each month.

Ruth has improved her credit score significantly and feels more in control of her finances.



Ruth's First Laptop

Ruth had always dreamed of owning a laptop but struggled to save enough for a down payment. Her financial habits made it challenging to accumulate savings.

Through money management training, Ruth learned about the importance of budgeting, setting financial goals and different types of savings accounts for building assets. She also received guidance on how to open a savings account.

Ruth implemented the strategies she learned, creating a dedicated saving plan for her laptop. Within 3 months, she saved some portion and got the other portion from SEED Winnipeg and successfully purchased her first laptop.

After having the laptop, Ruth applied to study as health care aide worker. Ruth will be graduating in a few weeks.

INCOME TAX SERVICES

In this fiscal year, we ran four tax clinics in partnership with Community Financial Counseling. We filed taxes for 650 clients with the total return and benefits of \$3,438,746.74. This includes income tax returns, GST, climate action incentive and child tax benefits.



KNOWING YOUR RIGHTS

J came to Canada as a refugee claimant in June 2022 and started working at the end of September 2022. While he was aware of EIA benefits, he was not familiar with his eligibility for other benefits, including filing taxes.

He visited our office to ask if he was eligible to file his taxes. We helped him file right away and he received a refund of \$1,758. Additionally we applied for the GST credit for the past quarter and set up direct deposit for him so all funds would go directly to his bank account.

J said, "I didn't expect this money which will impact my life. Thank you for offering us your help and services. I don't have enough words to thank you."



5 YEARS TAX FILING

M visited our office on a referral from CRA. She mentioned that she could not remember how many years it had been since she last filed her taxes.

With her consent, we checked her CRA account and discovered that she had not filed taxes for the past five years. We helped her file her taxes for all five years, resulting in \$12,230 in tax returns, GST, and Canada Carbon Rebate Credits.

When M asked about our fee, we informed her that our services were free of charge. She responded, "This is unexpected and will change my life in many ways. Thank you so much!."

Pioneer
Mosque Tax
Clinic



HEALTH AND WELLNESS PROGRAM



Our Health and Wellness Program continues to support families in maintaining their psychological and physical well-being. A mental health professional facilitated the Women's Mental Health Support Group in the clients' first language or interpretation. This year participants spoke Ukrainian, Arabic, Somali, Tigrinya, Urdu, Farsi and English. We also organized a Men's Support Group in Arabic, facilitated by a male professional. In addition to the group sessions, individual sessions were provided for those needing extra support.

To promote the physical well-being of the participants, we organized women-only swimming and Zumba sessions. These were greatly enjoyed by the participants who have requested more sessions like these. Men have also expressed interest in physical activities tailored for them.



Women Support Group



Funders

**THE WINNIPEG FOUNDATION
RED CROSS
PHYSICAL ACTIVITY SPORTS
ACADEMY
HEALTHY TOGETHER NOW**



**Programs:
Women's mental
health support group,
in-house physical
activity,
women only
swimming,
healthy eating and
healthy relationship
programs.**

**210 clients accessed
145 hours of Health
and Wellness**

Client 1: “Our friend invited me and my daughter to visit the center, Help for Muslim Women. Here we were greeted like relatives. Very kind, friendly girls. I met wonderful employees... Here I feel myself needed by society. That I am not alone with my problems, there are people ready to lend a helping hand. At our meetings, I also met some women from Ukraine. I go to these classes with great pleasure. I learned a lot about how to be in any situation. We were taught how to deal with stressful situations. Organized English lessons. Much needed for us. I signed up for a cooking class. I hoped to find a job after the course.

Individual sessions were very helpful; she is attentive to me and gives good advice on how to cope with feelings of anxiety and overcome difficulties.

She gives advice and home assignments. It helps me a lot. I become confident, I have strength. I thank for such care and attention. Also, many thanks to the interpreter for helping to convey my thoughts and emotions. I am very grateful to everyone in this center. From them comes such warmth, such care. I really enjoyed going to the zoo. So well organized. I like this.”

Zumba Session



OUR IMPACT OF HEALTH & WELLNESS PROGRAM



Client “S”

“Before starting the swimming program with CMWI I had a severe phobia of all marine spaces; I couldn’t enter the water, whether it was the sea, a swimming pool, a lake, or any other body of water. However, I’ve been able to overcome this fear and now have more confidence in myself. I can stay in the water and even swim.

The most important change is that I can now play with my children in the water, and we enjoy many activities together. I am grateful and want to thank CMWI for giving us the opportunity to participate in this program and the City of Winnipeg for the space.”



All Women Swimming Session

MEN'S WELLNESS PROGRAM

OUR IMPACT

Facilitator:

"The men's group was a safe, trusted and culturally prepared place for men who sought protection. Men gathered carrying with them their hopes for a better future, but never had the chance to pause and think about the journey that brought them here in the first place - being always on the go. The men wellness group offered this Pause and Reflect Plan (PRP) period of self awareness and looking inward and exploring collective inner resources. One learned from another.

CMWI offered a safe setting for these men to open up and be in touch with their emotional being. Provided familiarity in a new culture and in different society."



Client:

"The men's support group session is significantly useful for me and my colleagues. Among the things that I learned from it was adherence, respect the rule of laws and regulations. Dealing best if I was exposed to any assault or abuse by others. As I am living in a temporary shelter, there are many people who are carrying different levels of education, background cultures and diverse mentalities. Oftentimes, you may be exposed to a lot of harassment and need to find special treatment toward those people. I was facing difficulties in dealing with them, especially when I was subjected to harassment and abuse. After I involved the men's support group, I was able to control my behavior and avoid any confrontation that might lead me to an inappropriate consequence."



HEALTHY RELATIONSHIP PROGRAM

Working on family relationships is crucial as it ultimately promotes psychological and physical well-being. This year, we were able to continue the Healthy Relationship program that addressed family violence for men and women. Guest speakers were invited to provide additional information and connect with clients who needed further support. Our counsellor also offered self-care sessions and psychological support. We collaborated with volunteer lawyers to provide legal information and assistance.



We developed our own toolkit with the help of experts and launched a Train the Trainer program in which 18 facilitators from CMWI staff and other organizations participated. Some of our staff members also completed the Bridges to Safety training. CMWI joined the national GBV Champion Network, and staff members received training to facilitate the National Strategy GBV Newcomer Workshop.



This year we conducted two Healthy Relationship groups: one at CMWI Family Resource Center and another at IRCOM.



Graduation of Healthy Relationship at IRCOM

**43 Participants
attended the
Healthy
Relationship
Programming**



Graduation of Healthy Relationship program



OUR IMPACT

Client A: Language Accessibility:
“Conducting the program in Arabic made it easier for us to understand all the legal and psychological information.”

Awareness of Abuse:
“Learning about the different types of abuse increased awareness of what constitutes right and wrong in relationships.”

Timing:
“The session times were convenient for us.”

Facilitator Skills:
“The facilitator demonstrated excellent skills in presenting the sessions.”

Appreciation:
Participants expressed their gratitude to CMWI for providing this program.

Future Requests:
Participants requested that a similar program be presented for men as well.

Client K: “My experience of going through the program of building healthy relationships. Participating in the program was the best decision, as I set myself the goal of being more sensitive to my partner, better understanding and listening to his wishes.

In the sessions, we will learn more about the psychology of relationships, types of abuse and signs of a healthy relationship. Although I am not in an abusive relationship, their classification and manifestations helped me learn more about it and be able to distinguish. Equally important, this knowledge will also help me when I need to help a person experiencing domestic violence.

Therefore, I sincerely recommend joining the group because you will get a lot of information and knowledge, find like-minded people and have a great time. It doesn't matter in what mood you come to the session, you will definitely feel great after - checked by me.”

FAMILY/ PARENTING PROGRAM



This year, our family programs emphasized fostering community connections through various outings and activities. We organized trips to local attractions such as the zoo, Winter Wonderland, and the Human Rights Museum, providing families with opportunities to explore new environments and learn more about Canadian culture.

These outings were not just recreational but also served as an important platform for our clients to build social connections and support networks within their new community. By participating in these programs, families were able to engage with others, learn about their new surroundings and better understand the cultural context of their new home. Socialization and community engagements are key components of all our programs, as they help promote a sense of belonging and well-being among our clients.

**50 clients
attended the
Winter wonder
land outing .**

**24 clients visited
Human Rights
Museum**

**30 clients
enjoyed the
Winnipeg Zoo
adventure**



Family Outings



SETTLEMENT PROGRAM

From April 2023 to March 2024, we focused on our settlement project. Through this initiative, we provided various services to Citizens, Temporary Residents, CUAET holders and Refugee Claimants. Clients were referred to internal and external resources based on their specific needs and workshops were organized to address these needs.

We served 332 unique clients, surpassing our initial target of 125.

We also offered an English Conversation Circle from July 2023 to March 2024, which was a great success. Our culturally sensitive settlement programs and services have greatly contributed to our clients' successful integration. According to a recent survey, 93% of the 102 clients who participated reported receiving support tailored to their individual needs, 92% felt at home at CMWI and 90% felt socially connected. Additionally, 93% expressed feeling confident and stable after attending our services and programs.



332 unique clients

114 clients attended English Conversation Circle



English Conversation Circle





Outing for Refugee Claimants

Client 2: “My friend and I feel incredibly fortunate to have discovered CMWI when we were in desperate need of its services. I learned about CMWI and its services from fellow refugees who accessed the services. I was warmly welcomed by the staff. At that time, I was in urgent need of food and clothing. The receptionist connected me with the settlement service coordinator, who conducted a thorough needs assessment. They provided me with a comprehensive overview of CMWI's services, as well as information about other organizations and government agencies that offer additional support.

I received assistance in various areas, including:

- **Access to the donation center.**
- **Participation in the Men Support Group program.**
- **Engaging in the English Conversation Circle.**
- **Referral to the Welcome Place to initiate my refugee claim process.**
- **Assistance with filing my 2023 tax return.**

Whenever I needed support, CMWI was always there as a reliable resource. They either provided direct assistance or referred me to the appropriate entity for the services I required. Once I received my refugee paperwork, including a work permit and health card, CMWI helped me register for Employment and Income Assistance (EIA), which provided benefits enabling me to secure housing and transition out of the shelter.

The educational and awareness programs, such as the Men Support Group and English Conversation Program, have been instrumental in broadening my ability to communicate with English speakers and overcoming feelings of isolation. I continue to participate in these programs, grateful for the opportunities they provide for personal growth and community connection.



Resume Writing and Job Search Workshop



Coping with Change Workshop



Citizenship Workshop



English Conversation Circle



Benefits Workshop



OUTREACH AND OTHER SUPPORT SERVICES



Beyond our programs and services, we provide support to all of our clients through various means, including phone calls, interpretation, translation, information, child minding, and accompanying clients to their appointments.

While attending our programs, clients were able to utilize our child minding services, allowing them to focus on receiving the information or training they signed up for. Our culturally sensitive programs and interpretation services play a crucial role in delivering accurate messages and helping clients achieve their goals.

OUR IMPACT

THE POWER OF SUPPORT

When client ‘F’ arrived in Canada, she was filled with hope for a fresh start. However, as a newcomer with no English skills and a learning disability, she quickly found herself vulnerable. Shortly after her arrival, ‘F’ fell victim to a financial scam, losing a significant amount of money—money she desperately needed to settle into her new life.

Confused, scared, and unable to navigate the complex systems around her, ‘F’ sought help from our outreach services at CMWI. Through our interpretation services, we were able to communicate effectively with the client and understand the details, advocated on her behalf, accompanying her to the right authorities, and guided her through the process of reporting the scam. With patience and persistence, we helped her reclaim her lost money. This experience also helped her to gain confidence in navigating her new life in Canada.

GROUP PROGRAMS DATA

PRORGAMS	TOTAL ENROLMENT	NUMBER OF SESSIONS	NUMBER OF TIMES
MONEY MANAGEMENT TRAINING	86	32	688
SUPPORT GROUP	81	40	1610
HEALTHY RELATIONSHIP PROGRAMS (2 WOMEN GROUPS)	43	16	774
ENGLISH CONVERSATION CIRCLE	114	72	4104
ZUMBA CLASS	24	13	312
WOMEN ONLY SWIMMING	77	17	1309
HUMAN RIGHTS MUSEUM TRIP	24	1	24
WINTER SMART WORKSHOP	65	1	65
SUMMER OUTING- ZOO	30	1	13
WINTER OUTING- WINTER WONDERLAND	50	1	55
EMPLOYMENT PROGRAMS	100	800	5247
TOTAL	694	994	14201

FINANCIAL HIGHLIGHTS

The core funding and the For Every Family Initiative funding from United Way continue to be the financial foundation for CMWI. This allows us to keep our doors open and employ staff to serve our clients. We received funding from various funders that allowed us to continue with our programming.

Some of the major grants we received this fiscal year are:



\$287,675.80
United Way for
core funding and
programming

\$471,542 IRCC
(Immigration
Refugees
Citizenship
Canada) – Gov’t
of Canada

\$99,495 WAGE
(Wage And
Gender Equality)
– Gov’t of Canada

\$148,736
(Education &
Training) -
Province of MB

\$104,560 (NCIS)
Province of MB

\$80,000 The
Winnipeg
Foundation

\$92,083 SEED
Winnipeg

\$36,009 Canadian
Red Cross

\$25,000 (Sports &
Culture) Province
of MB

STAFFING HIGHLIGHTS

NAMES

Aisha Ali

Faysal Ali

Hodan Ali

Maham Ali

Zeinab Ali

Abir Chehlaoui

Mesoud Omar

Ahlam Jasim

Zebiba Ibrahim

Feng Ying Ma

Joyce Ann Caisip

Jhocelin Gilbert

Victoria Iroawuchi

Rozelina Dauda

Nurun Jannat

Ver-se Mark-Iber

Vilailuck Pinasouc

Yuliia Tuz

Maryam Rahimi

Mohammad Agha

Maria Rabadi

POSITIONS

Donation & Volunteer Coordinator

Settlement Counselor

Financial Empowerment Coordinator

Wellness Coordinator/ Counselor

Program Coordinator

Administrative Assistant

Financial Empowerment Facilitator

Outreach Coordinator

Manager, Community Support Programs

Accountant (Until June 2023)

Accountant

Childcare Instructor

Sewing Instructor (Until Oct 2023)

Sewing Instructor

Childcare Assistant

Employment Counsellor

Culinary Instructor

Employment Facilitator

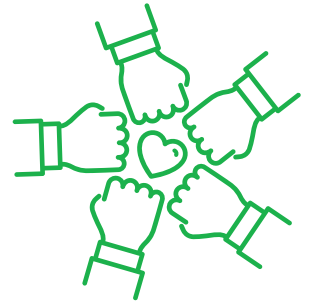
Employment Facilitator (until Dec 2023)

Senior Sewing Instructor

Manager, Employment Services

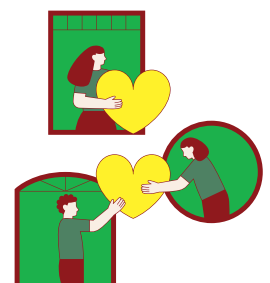


ACTIVE VOLUNTEERS 2023-2024



NAMES

Fatemeh Alemi
Luc VanHuynh
Hussain Nure
Maha Al jajar
Mohamed Kintar
Raghad Al Agele
Shatha Jawad
Fatima Bakhit
Imadi Madi
Violetta Ivanova



VOLUNTEER IMPACT



Maha joined CMWI as a volunteer in October 2023. Arriving in Canada as a Privately Sponsored Refugee through Accueil Francophone, Maha faced significant challenges, including loneliness, depression and a lack of social connections. Despite these initial hurdles, Maha was determined to make a positive change. She participated in various programs through our organization, such as Money Management Training, Health and Wellness and Swimming programs, which greatly contributed to her well-being.

Driven by a desire to contribute, Maha sought out volunteer opportunities with us and has become an incredible asset to our team, volunteering three days a week. Through her involvement, she has gained valuable resources and tools that have eased her resettlement process. Maha has built strong connections with our staff and community members, which has not only facilitated her integration but also improved her language skills.

Volunteering at the CMWI donation center has brought a deep sense of fulfillment to Maha, both spiritually and morally. It has also improved her sleep routine. She expressed her gratitude for the support she received from CMWI and noted how her confidence has grown. She has learned to navigate her neighborhood, manage bus routes and practice her English skills.

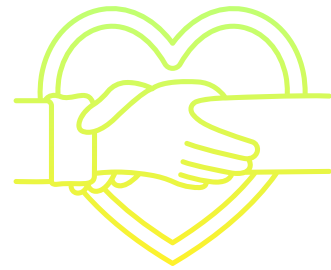
Today, Maha feels content and fulfilled surrounded by her twin girls and her husband. She continues to be grateful for the support and opportunities provided by the CMWI staff.



Acknowledgements

We are located on the original lands of Anishinaabeg, Cree, Oji-Cree, Dakota, and Dene peoples and National Homeland of the Red River Métis. We acknowledge the harms and mistakes of the past and are dedicated to moving forward in partnership with Indigenous communities in a spirit of reconciliation and collaboration.

CMWI's Board of Directors would like to thank our funders, staff, volunteers, partnering organizations and other supporters who have provided funding and in-kind donations to make this a successful year.



CMWI thanks you for your continued support



United Way
Winnipeg



Government
of Canada

Gouvernement
du Canada

Canada

Manitoba



THE
WINNIPEG
FOUNDATION



seed
WINNIPEG INC. **Supporting
Employment &
Economic
Development**



healthy
TOGETHER NOW



HARVEST
nourishing our communities



**Canadian
Red Cross**